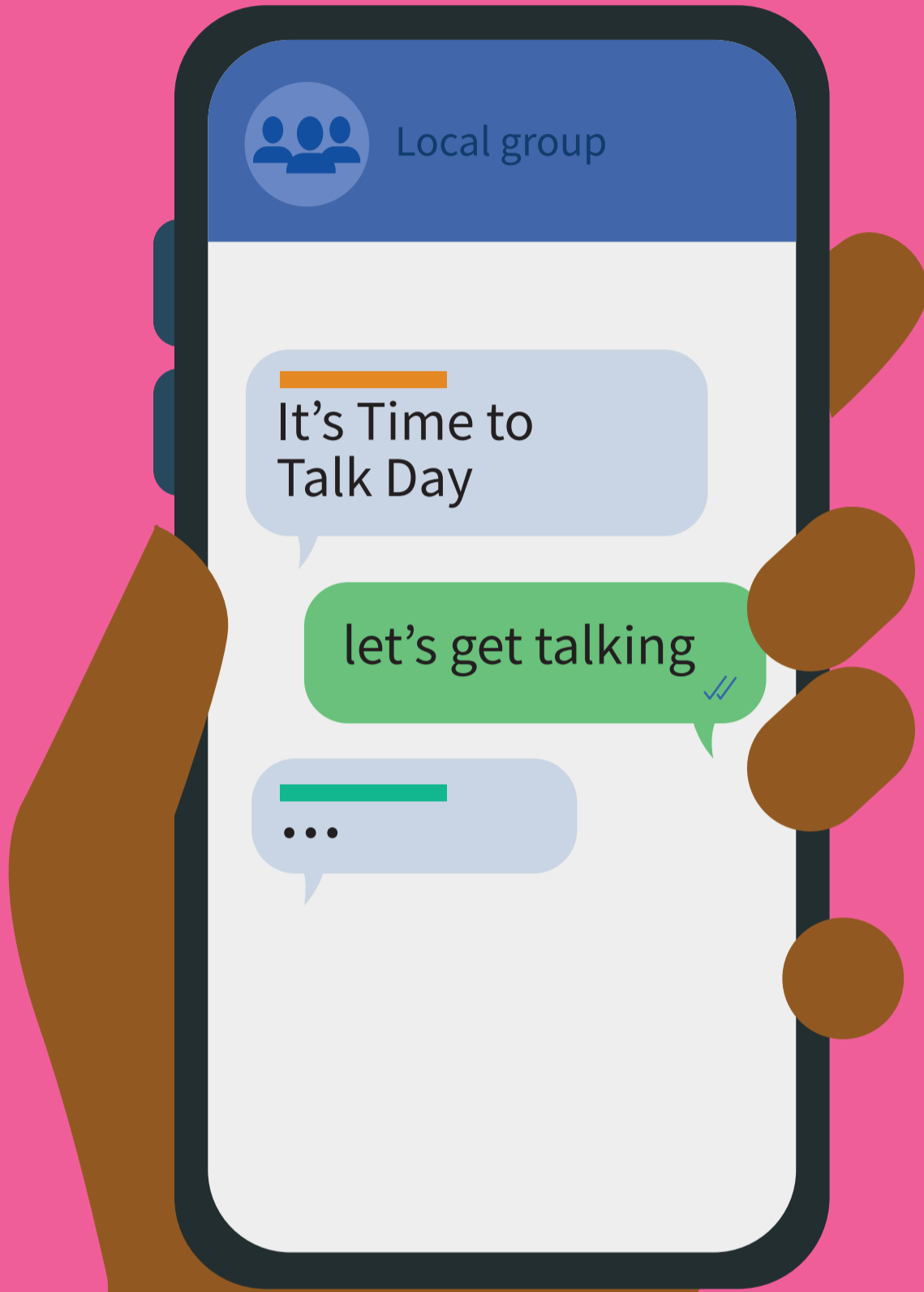


**time to
talk day**
03/02/22


CHANGE
YOUR MIND



**However you do it,
start a conversation
about mental health**

Talk, Listen, Change Lives

#TimeToTalk

Run by



In partnership with

